

Vaughan Gething AC/AM
Y Gweinidog Iechyd a Gwasanaethau Cymdeithasol
Minister for Health and Social Services



Llywodraeth Cymru
Welsh Government

Ein cyf/Our ref WAQ 79076

Janet Finch-Saunders AM
Assembly Member for Aberconwy
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18 November 2019

Dear Janet,

I refer to your Written Assembly Question (WAQ) of 15 September which requested information on '*how many young people were referred for psychosexual therapy in Wales in 2016-17, 2017-18, and 2018-19?*'. I confirmed in my response to WAQ79076 that I would write directly to you.

Psychosexual therapy is a specialised, therapeutic, talking therapy, aimed at helping an individual or couple to better understand themselves sexually and their relationships. This is achieved through in-depth discussion of the presenting issues and influencing factors, to enable them to work through their problems.

Psychosexual therapy referrals to mental health services are related to sexual relationships and would usually be through General Practice or sexual health clinics and CAMHS would not expect to receive such a referral for the young people that they provide services for.

More generally, the Welsh Government has begun collection of the data for specialist psychological therapies prior to the commencement of formal reporting. Health boards will be expected to have started treatment of 80% of patients within the 26-week target. However, we are not intending to collect a breakdown outlining reasons for a referral for psychological therapies.

I hope that has been helpful.

Yours sincerely,

Vaughan Gething AC/AM
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Minister for Health and Social Services

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Rydym yn croesawu derbyn gohebiaeth yn Gymraeg. Byddwn yn ateb gohebiaeth a dderbynnir yn Gymraeg yn Gymraeg ac ni fydd gohebu yn Gymraeg yn arwain at oedi.

We welcome receiving correspondence in Welsh. Any correspondence received in Welsh will be answered in Welsh and corresponding in Welsh will not lead to a delay in responding.