

Eluned Morgan AS/MS
Y Gweinidog Iechyd a Gwasanaethau Cymdeithasol
Minister for Health and Social Services



Llywodraeth Cymru
Welsh Government

Ein cyf/Our ref : WQ85440

Sam Rowlands MS
Member of the Senedd for North Wales

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21 June 2022

Dear Sam,

Thank you for your recent Written Questions asking 'What assessment has the Welsh Government made of the impact of rising obesity on non-alcohol related fatty liver disease and non-alcoholic steatohepatitis'.

Obesity impacts across a range of chronic diseases which increase years lived in disability and impacts on overall life expectancy. Nearly 2 in 3 adults are overweight or obese and 28% of our children are starting primary school already overweight or obese. We recognise the impact obesity has on a range of chronic diseases including non-alcohol related fatty liver disease and non-alcoholic steatohepatitis.

Our Healthy Weight: Healthy Wales strategy is a key commitment towards a cross-government approach to reducing obesity in Wales on a population scale and has been developed from evidence of what works. This includes developing an approach which combines individual behaviour change with environmental and system change.

The impacts on our physical and mental health have undoubtedly been felt across communities throughout Wales. We know that food and physical activity choices have been adversely impacted upon within communities where there were already existing levels of health inequalities.

Yours sincerely,

A handwritten signature in blue ink, appearing to read 'M. E. Morgan'.

Eluned Morgan AS/MS
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Minister for Health and Social Services

